

LMX

TOPICAL ANESTHETIC

(AVAILABLE OVER THE COUNTER)

1. Prepare the affected area by washing with mild soap and water. Do not use alcohol or acetone.
2. Apply a small amount of cream and gently massage it into the skin one (1) hour prior to office visit. Next, squeeze enough cream so that no skin is visible beneath the cream.
3. Cover with occlusive dressing (such as Saran Wrap) and secure the edges only to the skin with tape.
4. If young children, care should be taken to prevent ingestion of LMX Cream or the occlusive dressing.
5. Leave in place until seen by the staff.

PURCHASE A 5 GRAM TUBE BE SURE TO PURCHASE LMX ONE WEEK PRIOR TO YOUR OFFICE VISIT. LMX MAY NEED TO BE ORDERED AT YOUR PHARMACY.

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